

Saint Mary Youth Make-Up Worksheet
November 2009
Session #3

Name: _____

ACTION 1 Jesus is Tempted (Luke 4:1-11)

1. Have you ever been to a desert or a sandy beach? _____
2. How did your body feel at the end of the day exhausted or refreshed? _____
3. When you've been in the hot sun and amongst the sand, do you appreciate being able to immerse yourself in the lake, ocean or pool? _____ Does it affect the way you feel and how you relate to others? _____

Question #1 Questioning of Jesus by the Devil (Luke 4:1-4)

1. Have you ever tried to drop a few pounds or tried to fast during Lent? _____
2. You're just moments away from reaching your goal weight or the end of your fasting and a plate of your favorite food appears in front of you. Do you give up your goal and eat the food or do you turn away from the food and stick to your goal? _____
3. How do you feel after making your decision?
4. Would you do it the same next time or differently?

The Devil tempts Jesus with food to ease his hunger. He says...go ahead you have the power to turn this rock into bread. Can you imagine how tempted Jesus must have been in the desert for 40 days, tired, hungry...? He realizes that if he gives into the physical temptation, he gives into the Devil (evil) and all of his empty promises. This is not just about food....

Question #2 Questioning of Jesus by the Devil (Luke 4:5-8)

1. Jesus is tempted by the Devil with power and glory of all kingdoms. Have you ever decided to do something that would give you power over someone else for your own selfish reasons? _____
2. Have you ever had a friend and always felt like they always made the calls and you pretty much just had to follow along (movies, parties, malls, other friends...)? _____ Why does your friend have that kind of power over you?
3. Maybe *you're* the person who always decides what to do or where to go? How does it feel to have that kind of power over your friends?
4. How can that kind of power be dangerous or harmful?

When we worship and serve only God, we will see our path in life much more clearly. As Catholic Christians, we are called to love and serve one another...not take each other down.

Question #3

Questioning of Jesus by the Devil (Luke 4:9-13)

1. Sometimes people are tempted by self-destructive actions (texting while driving, cutting, eating disorders, drinking, smoking illegal substances, facebook or myspace “cyber bullying”, inhaling toxic fumes, sexual acts...). You may consider the person encouraging you to “try it” as a “friend” or at least someone you trust. Have you ever tempted someone or a friend to try something harmful or illegal?
2. Why did you do that?
3. What was the outcome? Is that person a better person or more fun for risking their health or their life?
4. Has someone *you* trusted talked you into doing something harmful or illegal?
5. How did you feel afterward? Accepted? Exploited? Do you feel like you’ll have to do it again in order to continue fitting in with the group?

By participating in self-destructive actions, people are putting the Lord, God, to the test. We can’t risk our lives and health or the lives of our friends, and expect God keep us from harm. Just because teens are often associated with temptations, doesn’t mean you need to give in to them. Stay safe and ask God to surround you with people in your life who would never consider putting your life and well-being at risk. Maybe you’re one of the people God’s calling to befriend an old friend who has fallen into darkness.

In verse 13, it is written, “...he departed from him for a time.” You will encounter temptations throughout your life. How will you respond?

ACTION 2 Miracles (Luke 5)

1. Have you ever experienced a miracle? If yes, describe it. If no, ask your parents or grandparents to share a miracle they experienced in their life.

Jesus used miracles to awaken the people to HIS message. God still uses miracles...keep looking.

ACTION 3 Sabbath (Luke 6:1-5)

1. How do you and your family respect the Sabbath?

Remember no human person can fight evil. We have no power over the devil. The only thing we can do is to pray for help directly from God. Example: You’re tempted to steal. You know your conscience is telling you not to steal, so you must pray for the strength to make the right decision. Sometimes it’s helpful in the midst of temptation to simply say, “Jesus, Jesus, Jesus.”

Thank you for completing Session #3. Please return this worksheet to your faith group leader or the parish office before your December gathering. If you have any questions, contact me, Sabrina at 868-3334 or sabrinae@centurytel.net.

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parent signature